

| Upplands Cup Lvg Tempo 2025 Slutställning |                       |                          |          | 2025-09-02 |
|-------------------------------------------|-----------------------|--------------------------|----------|------------|
| Placering                                 | Namn                  | Klubb                    | Klass    | Totalpoäng |
| 1                                         | Helmer Wallin         | Tyresö CK                | Ungdom P | 30         |
| 1                                         | Josef Nordahl         | Fredrikshof IF CK        | Ungdom P | 30         |
| 3                                         | Alvar Törnlöv         | SMACK                    | Ungdom P | 26         |
|                                           |                       |                          |          |            |
| 1                                         | Agnes Bergling        | Vallentuna CK            | Djun     | 30         |
|                                           |                       |                          |          |            |
| 1                                         | Karl Råström          | Fredrikshof IF CK        | Junior   | 86         |
| 2                                         | Erik Stewart          | SMACK                    | Junior   | 56         |
| 3                                         | Gustav Grip           | Södertälje CK            | Junior   | 30         |
| 4                                         | Alexander Nilsson     | Vallentuna CK            | Junior   | 26         |
| 5                                         | Hugo Lagerberg        | Väsby SS Triathlon       | Junior   | 23         |
|                                           |                       |                          |          |            |
| 1                                         | Lieke Daniels         | Upsala CK                | DamE     | 30         |
|                                           |                       |                          |          |            |
| 1                                         | Salvador Rincon Amat  | Upsala CK                | Elit     | 125        |
| 2                                         | Markus Lassus Bjälnes | CK Valhall               | Elit     | 78         |
| 3                                         | Jimmy Carlsson        | Bålsta CK                | Elit     | 60         |
| 4                                         | Aron Simon            | Upsala CK                | Elit     | 46         |
| 5                                         | Claes Törnsten        | CK Valhall               | Elit     | 30         |
| 5                                         | Marcus Wehlin         | CK Hymer                 | Elit     | 30         |
| 7                                         | Mikael Germundsjö     | Bålsta CK                | Elit     | 26         |
| 8                                         | Leonard Adelman       | IF Mantra Sport          | Elit     | 23         |
| 9                                         | Abel Brhane           | Upsala CK                | Elit     | 21         |
| 9                                         | Alfred Bengtsson      | CK Valhall               | Elit     | 21         |
| 11                                        | Anton Liljeberg       | Upsala CK                | Elit     | 20         |
| 12                                        | Max Börjes Liljesvan  | Östra Aros CK            | Elit     | 18         |
|                                           |                       |                          |          |            |
| 1                                         | Ahmanda Kastenholm    | Östra Aros CK            | D30      | 30         |
|                                           |                       |                          |          |            |
| 1                                         | Adam Stenman          | Ängby CC                 | H30      | 30         |
| 1                                         | Joakim Frisk          | IFK Sala                 | H30      | 30         |
| 1                                         | Karel Sucaet          | Velo Syndicate Stockholm | H30      | 30         |
| 1                                         | Kasper Hedeland       | SMACK                    | H30      | 30         |
| 5                                         | Charlie Lindholm      | Bålsta CK                | H30      | 26         |
| 5                                         | Jesper Larsson        | CK Norrtälje             | H30      | 26         |
| 7                                         | Fredrik Nygren        | Velo Syndicate Stockholm | H30      | 23         |
| 8                                         | David Marin           | Ängby CC                 | H30      | 21         |
| 9                                         | Thomas Senechal       | Velo Syndicate Stockholm | H30      | 20         |
| 10                                        | Dwayne Dixon          | Velo Syndicate Stockholm | H30      | 19         |
| 11                                        | Lucian Dragos         | Velo Syndicate Stockholm | H30      | 18         |
| 12                                        | Simon Vicini          | Velo Syndicate Stockholm | H30      | 17         |
| 13                                        | Jonathan Egstam       | Velo Syndicate Stockholm | H30      | 16         |
| 14                                        | Niclas Rosendahl      | Vallentuna CK            | H30      | 15         |
|                                           |                       |                          |          |            |
| 1                                         | Hanna Törnlöv         | SMACK                    | D40      | 1          |
|                                           |                       |                          |          |            |
| 1                                         | Jens Germundsjö       | Bålsta CK                | H40      | 120        |
| 2                                         | Magnus Strahlert      | Stockholm CK             | H40      | 74         |
| 3                                         | Simon Lindroth        | CK Uni                   | H40      | 30         |
| 3                                         | Stefan Hilke          | IF Mantra Sport          | H40      | 30         |
| 5                                         | Andreas Lind          | CK Uni                   | H40      | 26         |
| 5                                         | Andreas Viberg        | Rocket Racing            | H40      | 26         |
| 5                                         | Peter Eggertsen       | Sumo CC                  | H40      | 26         |
| 5                                         | Ragnar Thorestedt     | Östra Aros CK            | H40      | 26         |
| 9                                         | Anton Hedström        | SMACK                    | H40      | 23         |
| 9                                         | Martin Sternberg      | Klubblös                 | H40      | 23         |
| 11                                        | Mikael von Pfaler     | Axa SC                   | H40      | 20         |
|                                           |                       |                          |          |            |

|    |                  |                            |        |     |
|----|------------------|----------------------------|--------|-----|
| 1  | Åsa Larson       | Fredrikshof IF CK          | D50    | 30  |
| 1  | Otto Björnberg   | Rocket Racing              | H50    | 180 |
| 2  | Mikael Lind      | Rocket Racing              | H50    | 124 |
| 3  | Christian Nyberg | Linden Coaching            | H50    | 56  |
| 4  | Clas Tägtlund    | Fredrikshof IF CK          | H50    | 47  |
| 5  | Magnus Karlsson  | Enköpings CK               | H50    | 26  |
| 6  | Kari Hästö       | Vallentuna CK              | H50    | 23  |
| 1  | Tommy Ahlgren    | SMACK                      | H55    | 150 |
| 2  | Ulf Kylén        | Enköpings CK               | H55    | 145 |
| 3  | Lars Herthelius  | Sandvikens CK              | H55    | 80  |
| 4  | Wolfgang Voit    | Järfälla Triathlon         | H55    | 68  |
| 5  | Jarmo Alanko     | SMACK                      | H55    | 67  |
| 6  | Tommy Karlsson   | SCT                        | H55    | 63  |
| 7  | Magnus Skog      | Sandvikens CK              | H55    | 56  |
| 7  | Odd Larson       | Väsby SS Triathlon         | H55    | 56  |
| 9  | Anders Svensson  | CK08                       | H55    | 45  |
| 10 | Peter Lindqvist  | CK Norrtälje               | H55    | 44  |
| 11 | Per Sandin       | CK Uni                     | H55    | 41  |
| 12 | Christer Ekdahl  | Fredrikshof IF CK          | H55    | 1   |
| 1  | Lars Persson     | SMACK                      | H60    | 60  |
| 2  | Hans Danielsson  | Vallentuna CK              | H60    | 30  |
| 3  | Stefan Velin     | Tullinge SK                | H60    | 26  |
| 1  | Håkan Johnsson   | SMACK                      | H65    | 150 |
| 1  | Johan Haaker     | Fredrikshof IF CK          | H65    | 150 |
| 3  | Ola Nordström    | Bålsta CK                  | H65    | 30  |
| 3  | Sven Trygged     | SMACK                      | H65    | 30  |
| 5  | Mats Ringlund    | IF Mantra Sport            | H65    | 26  |
| 5  | Rune Bergqvist   | Norra Stockholms Endurance | H65    | 26  |
| 1  | Jan Littke       | SMACK                      | H70    | 90  |
| 1  | Lars Nordin      | SMACK                      | H75    | 30  |
| 1  | Arvid Holm       | Fredrikshof IF CK          | Hsport | 30  |
| 1  | Kjeld de Kroon   | Bauhaus Sportklubb         | Hsport | 30  |